



**Nature at Heart**  
**For a better world**  
**Gérard Bertrand**

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- A charismatic wine grower and a major figure in biodynamics and in Languedoc
- Gérard Bertrand named “Green Personality of the Year”, by the Drinks Business Awards, shares his journey and experience
- Respect for nature, altruism, brotherhood, opening the heart – an impassioned narrative that imparts the keys to building a better world

*“Huge champion of organic and biodynamic wine making.”*—**Simon Mayo Radio Show**

Gérard Bertrand decided he wished to relate his life journey and share his commitment to nature. Drawing on his experience as both a wine grower and a business leader, he demonstrates how the harmony of ecosystems, respect for nature and the preservation of living soils can be the pillars of a new paradigm, creating the conditions for a more balanced life and bringing hope for future generations. In this book, he also analyzes how society is changing, and invites the reader to put fear aside and “dare” – in spite of the prevailing climate – to practice altruism, brotherhood, and an opening of the heart.

Wine grower, entrepreneur at the head of 16 chateaux and estates in the south of France, ambassador for wine-growing methods in harmony with nature, **Gérard Bertrand** was named “Green Personality of the Year” in December 2020 by The Drinks Business. In the space of thirty years, he has transformed his family vineyard into an independent group that has become a worldwide benchmark of excellence and a reference in biodynamics (his Château L’Hospitalet grand vin rouge 2017 won Best Wine of the Year in 2019).