



## Bangladeshi Cuisine

Shawkat Osman

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- The theme of this book is aappayon or entertaining the Bangladeshi way. Aappayon is essential to the spread of food which will greet the guests - and this book presents everything that you need to know about Bangladeshi hospitality
- The menus are designed to steer you through the procedure of planning a party, selecting the menu and finally preparing the food.
- It gives a rare insight into the life of the Bangladeshi people and explains various rituals and traditions

**Getting together** to share good food is at the center of aappayon. This book will help you to present food on the table and make it pleasurable for both-the guests to enjoy, and the hostess/host to prepare. Each menu has an opening section detailing the essence of the menu and most of the recipes themselves also provide detailed information about its main ingredient or some other item of special interest. In addition, the book contains a comprehensive introduction to Bangladeshi cuisine and an exhaustive glossary. The spices and ingredients uncommon outside Bangladesh are extensively explained and substitutes have been suggested.