



**My First Box of Feelings**  
**Montessori: A World of Achievements**  
Edited by Chiara Piroddi  
Illustrated by Agnese Baruzzi

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<b>Pages</b>	16 Pages
<b>Name of series</b>	Montessori Box
<b>Price</b>	£12.99

- Includes 15 cards, 1 poster and 16 page booklet, beautifully presented in a box

The innovative teaching materials contained in this box have been designed and created following the principles of the Montessori method. They have been designed to be used by children on their own, no help is required from the adult who can simply observe their child as they enthusiastically discover the world. Thanks to the fun and enjoyable activities proposed, play becomes an educational moment for your children whose curiosity will inspire them to start building up experiences for the future. Learning to recognise, express and manage their own emotions and those of others is vital to a child's development. This box contains three different activities that work on children's emotional spheres: learning about the physical characteristics of facial expressions of the emotions of joy, anger, fear, sadness, surprise, disgust or shame; recognition of their emotional meaning, associating each expression with an emotional experience; identification of the methods that can be used to contain or manage said emotion. The contents also include a poster on which children can write out descriptions of their own emotions. Ages: 5 plus

**Chiara Piroddi** is a psychologist and expert in Neuropsychology, specialising in Cognitive-Evolutionary Psychotherapy. She graduated in Psychology at the University of Pavia in 2007 and continued as a teaching assistant for the Chair of Physiological Psychology, and as a lecturer in Practical Neuropsychology Training at the same academic institution. She completed her practical training at the Niguarda Ca' Granda Hospital in Milan, where she has worked since 2008, acquiring clinical experience in children with serious mental and physical disabilities of all ages. **Agnese Baruzzi** graduated in Graphic Design at ISIA (Istituto Superiore per le Industrie Artistiche) in Urbino. She has worked as an illustrator and author since 2001, writing more than 40 children's books that have been published in Italy, the UK, Japan, Portugal, the US, France and South Korea.

