



Go with Your Talent

Luk Dewulf

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- *Go with Your Talent* features fantastic tools for self-management
- The book is based on insights from positive psychology

The drastic decisions you make, to do the things that you are good at, is the best way to self-realisation and authenticity. It also forms the gateway to contributing to society. By developing both your skills and talent, you automatically become more precious and beneficial to your surrounding environment. Doing the things that you are good at is almost like a life insurance, it guarantees that as you get older you are more likely to enjoy your work and generally, your life. Within the pages of *Go with Your Talent* Luk Dewulf investigates several different theories, including: how a person's background could be the key to his 'manual'; how to focus on talent, and how to deal with your weaknesses or those things that do not hold an interest for you. He describes how a certain job and a continuous use of your skills, can lead a person in two different directions: success or burn-out. This book contains practical tools that a person can utilise to their benefit and is based on insights from positive psychology. Contents: Acknowledgments and thanks; Foreword; Introduction; Sustainability and the use of your talent; Knowing what you are good at: talent in action; Go with your talent!; The 'manual' hypothesis; When it is difficult to see talent in yourself – and in others; You can lead a horse to water, but you can't make it drink: going with your talent at school and work; Epilogue: the beauty of 'ordinary' talent.

Luk Dewulf is an advisor and partner at Kessels & Smit, The Learning Company. A company that is built around a group of fifty professionals with a passion for learning and development. For years Luk Dewulf has been looking for ways to develop the skills and talents of individuals and organisations, he states: *The pivotal question in my work is always: how do you utilise the potential that exists within every person and every system?*